Your four-week practice plan

A small daily routine: learn a little, return after a gap, and keep what sticks.

The target

Practice the first five locations in eight regions beyond the Big Four. That is 40 entries, including Karachi in two regions. This is a starter cycle, not a promise to master the entire 253-location pool in four weeks.

The rhythm

Two new five-location sets per week. Allow about 20-25 minutes on learning days, 10-15 minutes on review days, and a brief check or rest on lighter days. If a review is difficult, repeat that material before adding more.

On a learning day

Study the matching answer-key map for 2-3 minutes. Close it and do the MATCH sheet. Check it. In Globe Probe, select only that region and 5 locations. Attempt, inspect the correction, and repeat until you can place all five accurately. Stop when the work is solid.

On a review day

Start without the answer key. MATCH checks name-to-position recall. PLACE asks you to supply the positions yourself. Keep your first attempt visible; then correct it. A first-try Globe Probe round gives a more precise distance check than paper.

If you miss a location

Look at the answer and name one anchor: a coast, a lake, a neighboring city, or a compass direction. Try again later in the session. Add a brief check tomorrow. Missing one is a cue to revisit it, not to restart the whole plan.

The Big Four

The Big Four maps cover Brazil, China, Australia, and Russia. Use them once this month as a cold check. If one is shaky, substitute it for a new set rather than adding more work.

Start date: _____ Usual practice time: _____

Week 1

Start on any weekday. Day numbers refer to your own start date.

Africa

Cape Town / Accra / Alexandria / Gaborone / Addis Ababa

Central Asia

Karachi / Lahore / Almaty / Jalalabad / Kabul

☐	**DAY 1**	Learn Africa: study key, MATCH, then Globe Probe.
☐	**DAY 2**	Review Africa: MATCH, then check.
☐	**DAY 3**	Rest or briefly revisit yesterday's misses. No new set.
☐	**DAY 4**	Review Africa: Globe Probe first try; correct misses. Learn Central Asia: study key, MATCH, then Globe Probe.
☐	**DAY 5**	Review Central Asia: MATCH, then check.
☐	**DAY 6**	Rest or briefly revisit yesterday's misses. No new set.
☐	**DAY 7**	Review Central Asia: Globe Probe first try; correct misses.

A rough day? Do the due review only. Move new learning to the next available day.

What stayed easy? _____

What should return tomorrow? _____

Week 2

Start on any weekday. Day numbers refer to your own start date.

North America

Chicago / Los Angeles / San Francisco / Toronto / Washington DC

South America

Lima / Valparaiso / Bogotá / Buenos Aires / La Paz

- ☐ **DAY 8** Review Africa: PLACE, then check. Learn North America: study key, MATCH, then Globe Probe.
- ☐ **DAY 9** Review North America: MATCH, then check.
- ☐ **DAY 10** Rest or briefly revisit yesterday's misses. No new set.
- ☐ **DAY 11** Review Central Asia: PLACE, then check. Review North America: Globe Probe first try; correct misses. Learn South America: study key, MATCH, then Globe Probe.
- ☐ **DAY 12** Review South America: MATCH, then check.
- ☐ **DAY 13** Rest or briefly revisit yesterday's misses. No new set.
- ☐ **DAY 14** Review South America: Globe Probe first try; correct misses.

A rough day? Do the due review only. Move new learning to the next available day.

What stayed easy? _____

What should return tomorrow? _____

Week 3

Start on any weekday. Day numbers refer to your own start date.

Southeast Asia

Bangkok / Ho Chi Minh City / Jakarta / Manila / Singapore

Pacific Islands

Honolulu / Hagåtña / Nuku'alofa / Papeete / Port Moresby

☐	**DAY 15**	Review Africa: Globe Probe first try; correct misses. Review North America: PLACE, then check. Learn Southeast Asia: study key, MATCH, then Globe Probe.
☐	**DAY 16**	Review Southeast Asia: MATCH, then check.
☐	**DAY 17**	Rest or briefly revisit yesterday's misses. No new set.
☐	**DAY 18**	Review Central Asia: Globe Probe first try; correct misses. Review South America: PLACE, then check. Review Southeast Asia: Globe Probe first try; correct misses. Learn Pacific Islands: study key, MATCH, then Globe Probe.
☐	**DAY 19**	Review Pacific Islands: MATCH, then check.
☐	**DAY 20**	Rest or briefly revisit yesterday's misses. No new set.
☐	**DAY 21**	Review Pacific Islands: Globe Probe first try; correct misses.

A rough day? Do the due review only. Move new learning to the next available day.

What stayed easy? _____

What should return tomorrow? _____

Week 4

Start on any weekday. Day numbers refer to your own start date.

Central America & Caribbean

Kingston / Panama City / San José / Havana / Guatemala City

Indian Subcontinent

Mumbai / Delhi / New Delhi / Kolkata / Karachi / Kathmandu

- ☐ **DAY 22** Review North America: Globe Probe first try; correct misses. Review Southeast Asia: PLACE, then check. Learn Central America & Caribbean: study key, MATCH, then Globe Probe.
- ☐ **DAY 23** Review Central America & Caribbean: MATCH, then check.
- ☐ **DAY 24** Rest or briefly revisit yesterday's misses. No new set.
- ☐ **DAY 25** Review South America: Globe Probe first try; correct misses. Review Pacific Islands: PLACE, then check. Review Central America & Caribbean: Globe Probe first try; correct misses. Learn Indian Subcontinent: study key, MATCH, then Globe Probe.
- ☐ **DAY 26** Review Indian Subcontinent: MATCH, then check.
- ☐ **DAY 27** Rest or briefly revisit yesterday's misses. No new set.
- ☐ **DAY 28** Review Indian Subcontinent: Globe Probe first try; correct misses.

A rough day? Do the due review only. Move new learning to the next available day.

What stayed easy? _____

What should return tomorrow? _____

Keep the gains after week four

Make the gap longer when recall holds. Bring a location back sooner when it slips.

Delayed checks already on your calendar

- [ ] **Africa**
  Return on days 31, 61 from your start date.
- [ ] **Central Asia**
  Return on days 34, 64 from your start date.
- [ ] **North America**
  Return on days 38, 68 from your start date.
- [ ] **South America**
  Return on days 41, 71 from your start date.
- [ ] **Southeast Asia**
  Return on days 29, 45, 75 from your start date.
- [ ] **Pacific Islands**
  Return on days 32, 48, 78 from your start date.
- [ ] **Central America & Caribbean**
  Return on days 29, 36, 52, 82 from your start date.
- [ ] **Indian Subcontinent**
  Return on days 32, 39, 55, 85 from your start date.

What counts as progress

Record the first attempt after the gap, not just the final repeated score. On paper, count clearly correct placements and use the game to settle close calls. For precision, aim for roughly 22 km or less on a cold game attempt.

What to do next

Keep successful locations in occasional mixed practice. Add the next five in a region only when reviews are manageable. This packet covers the first five per region; the game also offers 10 and 15. The full pool remains a longer-term project.

Why this pattern

The plan combines active recall, feedback, and returns on later days. The intervals are a practical starting point, not an individualized memory prediction. A simple calendar and pencil are enough.

Background: successive relearning; spacing effects; MapTap scoring.

Rawson & Dunlosky (2022) Cepeda et al. (2008) MapTap FAQ